

Abuse

Child Protective Service
(909) 384-9233
House of Ruth (909) 623-4364
Option House (909) 381-3471
SB County Sexual Assault Services
(909) 885-8884

Community Services

American Red Cross
(909) 888-1481
Family Development (909) 723-1500
Homeless Coalition (909) 723-1500
Inland Behavioral Services, Inc.
(909) 881-6146
Kinship Family Center (909) 886-3015
Salvation Army (909) 888-1336
SB Cnty Information (909) 387-2020
SB Cnty Transitional Assistance Department
(WELFARE)
(909) 386-9502

Alcohol & Drug

Alcohol & Drug Help line
1(800) 821-4357
Inland Behavioral Services, Inc.
(909) 881-6146
LLU Behavioral Medical Center
1(800) 752-5999
Merrill Community Services, Fontana
(909) 823-0609
SB County Mental Health Services
(909) 421-9200
Victory Outreach 1(760) 245-0042
Youth Justice Center (909) 382-4152

Hotlines

California Youth Crisis Hotline
1(800) 843-5200
Child Abuse Hotline
1(800) 827-8724
Crisis & Suicide Intervention Hotline
1(951) 686-4357
Hotline For Food (909) 387-6861
Teen & Parent Crisis Hotline
1(800) 999-9999
Bullying Hotline 1(800) 782-7463
Drug-Free School Zone (reporting
drugs in school) 1(800) 473-7847

Individual, Marriage Counseling & Group

Counseling

Caritas Counseling (Bilingual services)
(909) 370-1293
Christian Family Counseling
1(951) 682-7138
Family Services Agency (Bil Services)
(909) 886-6737
Inland Psychiatric Medical Group
(909) 335-2386
Phoenix Behavioral Health Clinic
(909) 387-7200
SAC-Norton Mental Health Clinic
(909) 382-7135

Medical

SAC Frazee, 1140 West Mill Street,
Sn Bndo, (909) 381-3699
SAC Norton 1455 E. 3rd St, Sn Bndo
Primary Care Appts: (909) 382-7100
Dental Appts: (909) 382-7120
Hours: M-Th: 8am – 5 pm
Fri: 8 am – 12 noon

Parenting Resources

Department of Public Health
1(800) 227-3034
Redlands Adult School
(909) 748-6930
San Bernardino Adult School
(909) 388-6000
Young Adult Clinic (YAC)
(909) 885-9962
Youth Justice Center (909) 382-4152

Shelters

Frazee Community Center
(909) 889-4424
Inland Temporary Homes
(909) 796-6381
Operation Grace (909) 382-8540
Operation Provider (909) 337-8585
Project Home Again (909) 881-6146

Support Groups

Alcoholic's Anonymous
(909) 825-4700
Emotions Anonymous (909) 873-2273
Narcotics Anonymous (909) 795-0464
Obsessive-Compulsive Support Group
(909) 796-3412
Parents Anonymous (909) 621-6184
Youth Justice Center (Anger Management)
(909) 382-4152
Gamblers Anonymous (909) 424-5020

*Call 2-1-1
For Additional Resources*

If using Verizon Wireless Call:

www.211.org

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